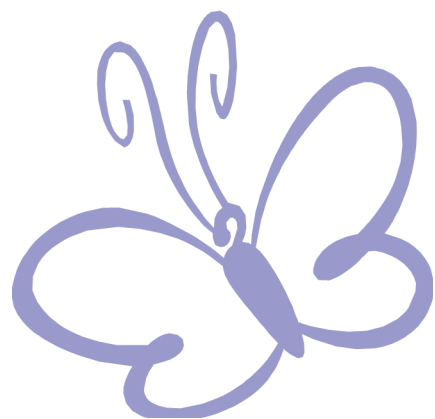


# Miscarriage Hope

## Our Goals

- ◆ To know that we are not alone
- ◆ To share one another's pain
- ◆ To help others through our insights and ideas
- ◆ To perhaps find healing through sharing



*Hope from our despair.*

## Zoom Meeting Opportunity

If you don't live in Oklahoma City metro area, we have the capability of holding meetings through Zoom along with our in-person meetings. If you are interested in this option, please email us at [irresistiblehopeministries@gmail.com](mailto:irresistiblehopeministries@gmail.com) or call 405-920-6404 for more information or to register.

## Leading Your Own Group

Have you thought about leading a miscarriage support group in your community? Perhaps you would like to work with Miscarriage Hope. We can train and equip you for leading your own group. Please contact us at 405-602-1590 or [irresistiblehopeministries@gmail.com](mailto:irresistiblehopeministries@gmail.com) for more information. Maybe you have the qualification we are looking for.

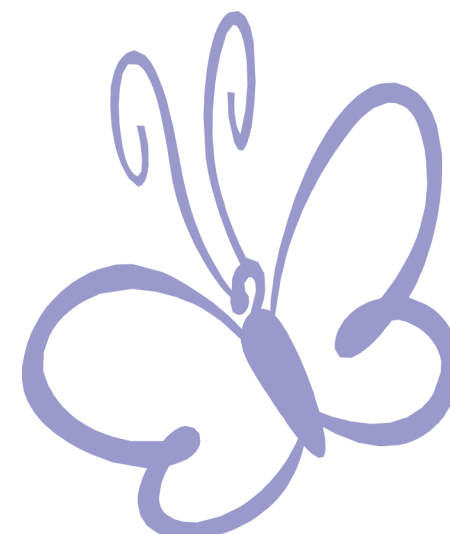


## Miscarriage Hope Meetings

3rd Monday of the Month 6:30 - 8:30 pm  
Series runs May-October 2024  
Cherokee Hills Baptist Church  
5700 NW 63rd Street, OKC, OK 73132  
Call to register  
Leaders: Kaleb & Faith Graves  
Phone: 405-623-3727

3rd Monday of the Month 7:00 p.m.  
Shaffer Home, dmond, OK 73003  
Call or email to register  
Leaders: Nick & Charla haffer  
Phone: 405-920-64  
Email: [irresistiblehopeministries@gmail.com](mailto:irresistiblehopeministries@gmail.com)  
Sponsored by Irresistible Hope Ministries

# Miscarriage Hope



*Hope from  
our despair.*

405-920-6404  
[www.miscarriagehope.com](http://www.miscarriagehope.com)

# Miscarriage Hope

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We come together with a common bond, a shared experience of losing a child through miscarriage. Whether you have miscarried recently or years ago, this group is for you.



## Our Purpose

Our purpose is to provide a safe place where we can share our miscarriage experiences with one another and share ideas about what is helping us on our journey to healing. Our aim is to bring hope from despair.

## Who May Attend

All who have been touched by miscarriage may attend including both the mother and father of the miscarried baby.

## Cost

There is no cost to be a part of the group.

*Hope from our despair.*

## The Series

The series will consist of a series of six meetings. You are welcome to attend the whole series or just part. You may begin attending at any time and you may attend as long as you wish. A series will be completed in six months. The series includes:

- Part 1: Our Stories, Our Grief
- Part 2: The Emotions of Grief
- Part 3: The Baby's Mother & Father
- Part 4: Dealing with Other People
- Part 5: Honoring your Baby
- Part 6: Finding Meaning

## Our Pledge

We will strive as a group to:

- ◆ Offer empathy and words of comfort and understanding
- ◆ Acknowledge each person's uniqueness in grieving
- ◆ Understand that what helps one person may not be helpful to another
- ◆ Recognize that we may not all be at the same place in our grief—some peoples' pain may be fresh while others may be well on the journey to finding a measure of healing
- ◆ Share our stories without monopolizing time
- ◆ Listen to other's stories without judgment
- ◆ Respect a person's wish not to share
- ◆ Keep confidences

## Your Leaders

Nick and Charla Shaffer

We have had three miscarriages—one in 1999, one in 2002 and one in 2003. The grief for each was different and sometimes we felt alone or that not many understood our loss. From sharing our experience with others, we have found that we are, in fact, not alone and that many people have had experience with miscarriage. We have been on a journey to find meaning and healing.

Kaleb and Faith Graves

We have experienced six miscarriages beginning when we were teens. We felt isolated and alone while experiencing the loss of our babies. We have a heart for those who are grieving their precious babies and are suited to help both teen parents and adult parents journey through miscarriage.

## Our Vision

Since we have met many who have shared with us their experience of miscarriage, we know that there is a need for people to come together in a group setting to share and learn from one another. We want to provide a safe place where people may grieve in their own way and find empathy and understanding. In this way, we will honor the lives of all of our children lost through miscarriage.

